

# January 2019

**Maple Hill**  
**SENIOR LIVING**  
 EMBRACE THE FUTURE

3030 Southlawn Ave  
 Maplewood, MN 55109  
 Chef / Reservations : 651-363-3694

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>Please Make Reservations For All            Guests. Advanced Notice is            Appreciated.  <b>Meal Times</b>            7:30 - 9:30 Breakfast            12:00-1:00PM Dinner            5:00-6:00PM Supper</p>		<p><b>1</b>  <b>Noontime Dinner</b>            Chicken Alfredo Pasta Bake            OR            Baked Tilapia  <b>Evening Supper</b>            Hot Turkey Sandwich            OR            Chicken Tenders</p>	<p><b>2</b>  <b>Noontime Dinner</b>            Kielbasa Skillet            OR            Battered Cod  <b>Evening Supper</b>            Fried Chicken            OR            Sloppy Joes</p>	<p><b>3</b>  <b>Noontime Dinner</b>            Broiled Tilapia            OR            Turkey Cutlet  <b>Evening Supper</b>            Brats            OR            Turkey Deli Wrap</p>	<p><b>4</b>  <b>Noontime Dinner</b>            Deep Fried Shrimp            OR            Deli Sandwich  <b>Evening Supper</b>            Chicken Wild Rice Bake            OR            Fruit and Nut Salad</p>	<p><b>5</b>  <b>Noontime Dinner</b>            Salisbury Steak            OR            Pork Tenderloin  <b>Evening Supper</b>            Goulash            OR            Italian Pasta Salad</p>
<p><b>6</b>  <b>Noontime Dinner</b>            Chicken Tenders            OR            Stuffed Green Peppers  <b>Evening Supper</b>            Beef Stir Fry            OR            Chicken Pot Pie</p>	<p><b>7</b>  <b>Noontime Dinner</b>            TunaSteak            OR            Beef Stroganoff  <b>Evening Supper</b>            Chilli Dog            OR            Turkey Deli Wrap</p>	<p><b>8</b>  <b>Noontime Dinner</b>            Chicken A La King            OR            Pork Chops  <b>Evening Supper</b>            Meatball Hoagies            OR            Tuna Salad Sandwich</p>	<p><b>9</b>  <b>Noontime Dinner</b>            Cheese Burger            OR            Meatloaf  <b>Evening Supper</b>            Taco Salad            OR            Sausage Bake</p>	<p><b>10</b>  <b>Noontime Dinner</b>            Baked Chicken            OR            Pork Tenderloin  <b>Evening Supper</b>            Crab Cakes            OR            Cabbage Rolls</p>	<p><b>11</b>  <b>Noontime Dinner</b>            Coconut Shrimp            OR            Tarragon Chicken  <b>Evening Supper</b>            Pasta Carbonara            OR            Italian Hoagie</p>	<p><b>12</b>  <b>Noontime Dinner</b>            Tuna Pasta Salad            OR            Roasted Turkey  <b>Evening Supper</b>            Ham Salad Sandwich            OR            Breaded Catfish</p>
<p><b>13</b>  <b>Noontime Dinner</b>            Chicken Parmesan            OR            Grilled Tuna Steak  <b>Evening Supper</b>            Open Face Beef Sandwich            OR            Chicken Cesar Salad</p>	<p><b>14</b>  <b>Noontime Dinner</b>            Baked Cod            OR            Chicken Kiev  <b>Evening Supper</b>            Mac n Cheese with Ham            OR            Cheese Tortelini</p>	<p><b>15</b>  <b>Noontime Dinner</b>            Meatloaf            OR            Baked Tilapia  <b>Evening Supper</b>            Chicken Fajatas            OR            Roast Beef Criossant</p>	<p><b>16</b>  <b>Noontime Dinner</b>            Beef Stroganoff            OR            Baked Chicken Breast  <b>Evening Supper</b>            Meatball Hoagie            OR            Corn Dogs</p>	<p><b>17</b>  <b>Noontime Dinner</b>            Salmon Steak            OR            Honey Baked Ham  <b>Evening Supper</b>            Chicken Alfredo Bake            OR            Corned Beef on Rye</p>	<p><b>18</b>  <b>Noontime Dinner</b>            Sweedish Meatballs            OR            Chicken Gryo  <b>Evening Supper</b>            BLT Salad            OR            Sloppy Joe</p>	<p><b>19</b>  <b>Noontime Dinner</b>            Turkey Ala King            OR            Salisbury Steak  <b>Evening Supper</b>            Broccoli/Chicken Casserole            OR            Hot Ham/Cheese on Bun</p>
<p><b>20</b>  <b>Noontime Dinner</b>            Lemon Pepper Tilapia            OR            Spaghetti with Meat Sauce  <b>Evening Supper</b>            Tator Tot Hotdish            OR            Chicken Salad on Romain</p>	<p><b>21</b>  <b>Noontime Dinner</b>            Pot Roast            OR            Pulled Pork Sandwich  <b>Evening Supper</b>            Chili Dog            OR            Chicken Cesar Salad</p>	<p><b>22</b>  <b>Noontime Dinner</b>            Baked Cod            OR            Phylly Sandwich  <b>Evening Supper</b>            Lasagna            OR            Deli Sandwich</p>	<p><b>23</b>  <b>Noontime Dinner</b>            Beef Taco            OR            Chicken Taco  <b>Evening Supper</b>            Tuna Casserole            OR            Brats n Sourkraut</p>	<p><b>24</b>  <b>Noontime Dinner</b>            Mahi Mahi with Miso Sauce            OR            Baked Ham  <b>Evening Supper</b>            Orange Chicken            OR            Ham/Cheese Croissant</p>	<p><b>25</b>  <b>Noontime Dinner</b>            Southern Chicken            OR            Baked Pork Chop  <b>Evening Supper</b>            Turkey Tetrazini            OR            Chicken Sandwich</p>	<p><b>26</b>  <b>Noontime Dinner</b>            BBQ Ribs            OR            Salisbury Steak  <b>Evening Supper</b>            Tuna Melt            OR            Shredded Beef/Bun</p>
<p><b>27</b>  <b>noontime dinner</b>            Cajan Cattish            OR            Chicken Chow Mein  <b>Evening Supper</b>            Beet Hot Dish            OR            BBQ Chicken Breast</p>	<p><b>28</b>  <b>Noontime Dinner</b>            Grilled Rubens            OR            Spaghetti with Meat Sauce  <b>Evening Supper</b>            Cheddarwurst on a Bun            OR            Deli Wrap</p>	<p><b>29</b>  <b>Noontime Dinner</b>            Enchilada Bake            OR            Stuffed Chicken Breast  <b>Evening Supper</b>            Mac n Cheese with Ham            OR            Chicken Tenders</p>	<p><b>30</b>  <b>Noontime Dinner</b>            Chicken Parmesan            OR            Meatloaf  <b>Evening Supper</b>            Shrimp Louie            OR            Beef Stir Fry</p>	<p><b>31</b>  <b>Noontime Dinner</b>            Pork Chop            OR            Parmesan Cod  <b>Evening Supper</b>            Beef Nachos            OR            Ham Salad Sandwich</p>		