November Life Enrichment For Maple Hill Senior Living:

	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Week 1	Programming is subject to change!! Please refer to the weekly "What's Happening at Maple Hill" for updates.	MAPLE HILL SENIOR LIVING				1 Maple Hill Holiday Boutique 10 am-7 pm LE	2 Maple Hill Holiday Boutique 10 am-2 pm LE
Week 2	3 Independent Morning Activities Sunday Afternoon Sports televised in the Activities Room!	4 10:30: Monday Newsflash-LE 10:45: Sit & Be Fit-LE 1:00: Resident Meeting-LE 2:30: Bingo-LE	5 9:30: Target 1:30: Chair Yoga With Sheila-LE 2:00: Catholic Communion-LE 2:30: Arts & Crafts-LE 3:30: Maple Hill Market-LE 5:45: Knitting Club-C	6 10:30: Daily Chronicle-LE 10:45: Active Games-LE 1:30: Animal Visit from Sanctuary-LE 3:00: Presentation: Active Aging! Let the Adventure Begin!-LE	7 9:30: Walmart 1:30: Family Feud-LE 3:00: Maple Hill Market-LE 3:30: Bible Study-LE	8 10:00: Brunch at The Little Oven 1:30: Bingo-LE 2:30: Maple Hill Market-LE 6:00: Friday Evening Movie-LE	9 Word Games & Puzzles 2:00: Saturday Afternoon Movie 3:15: Bus To St. Peters
Week 3	10 Independent Morning Activities Sunday Afternoon Sports Televised In The Activities Room!!!	11 10:30: Monday Newsflash-LE 10:45: Sit & Be Fit-LE 1:30: Bingo-LE 6:00: Veterans Day Program-LE Happy Veterans Day!	12 10:30: Daily Chronicle-LE 10:45: Active Games-LE 1:30: Chair Yoga With Sheila-LE 2:00: Catholic Communion-LE 2:30: Arts & Crafts-LE 5:45: Knitting Club-C	13 10:30: Daily Chronicle; World Kindness Day-LE 10:45: Sit & Be Fit-LE 2:00: Interfaith Worship Service-LE 3:30: Spa Hour-LE	14 10:30: Daily Chronicle-LE 10:45: Active Games-LE 1:30: Wheel of Fortune-LE 2:30: Maple Hill Market-LE 3:30: Bible Study-LE 6:00: Guitar performance-LE	15 10:30: Daily Chronicle-LE 10:45: Sit And Be Fit-LE 1:30: November Birthday Party-LE 2:30: Maple Hill Market-LE 6:00: Friday Evening Movie-LE	16 Word Games & Puzzles 2:00: Saturday Afternoon Movie-LE 3:15: Bus To St. Peters
Week 4	17 Independent Morning Activities Sunday Afternoon Sports Televised In The Activities Room!!	18 10:30: Monday Newsflash-LE 10:45: Sit & Be Fit-LE 1:00: Resident Meeting-LE 2:30: Bingo-LE	19 9:30: Target 1:30: Chair Yoga with Sheila-LE 2:00: Catholic Communion-D 4:00: Holiday Dinner Party! 5:45: Knitting Club-C	20 10:30: Daily Chronicle-LE 10:45: Active Games-LE 1:30: Animal Visit from Sanctuary-LE 3:00: Fool Moon Drum Circle-LE	21 9:30: Walmart 1:00: Seated Tai Chi with Mary-LE 2:00: Barbershop Choir-LE 2:30: Maple Hill Market-LE 3:30: Bible Study-LE 5:00: Dinner at Pizza Ranch	22 9:30: Outing to the Mpls Institute of Art (MC) 1:30: Friday Bingo-LE 2:30: Maple Hill Market-LE 6:00: Friday Evening Movie-LE	23 Word Games & Puzzles 3:15: Bus to St. Peters 2:00: Saturday Afternoon Movie-LE
Week 5	24 Independent Morning Activities Sunday afternoon sports televised in the activities room!	25 10:30: Monday Newsflash-LE 10:45: Sit & Be Fit-LE 1:30: Bingo-LE 3:30: Meditation & Aromatherapy Group-LE	26 8:00: Hot Breakfast-D 10:30: Daily Chronicle-LE 10:45: Active Games-LE 1:30: Chair Yoga with Sheila-LE 2:00: Catholic Communion-D 2:30: MC Music Program-MC Units 5:45: Knitting Club-C	27 10:30: Daily Chronicle-LE 10:45: Sit & Be Fit-LE 1:30: Karaoke-LE 3:30: Thanksgiving Get Together; Native American Party-LE	28 Happy Thanksgiving! Gobble gobble. Macys Thanksgiving Day Parade: live in activities room from 9 am - 12 noon!	29 10:30: Daily Chronicle-LE 10:45: Active Games-LE 1:30: Bingo-LE 2:30: Maple Hill Market-LE 6:00: Friday Evening Movie-LE	30 Word Games & Puzzles 2:00: Saturday Afternoon Movie-LE 3:15: Bus to St. Peters

MAPLE HILL
SENIOR LIVING

Welcome to Life Enrichment At Maple Hill Senior Living
November-2019

Verna Woodhead: 11/14
Catherine Timmer: 11/20
Marlys Mariner: 11/9

Programming Update:

Take time to read your calendars and look for those activities that will be meaningful and fun for you. Be open minded and embrace new things. Life Enrichment's goal is to deliver a well rounded program that is nurturing for the mind, body, and sprit.

The Maple Hill Market is open on Tuesdays, Thursdays, & Fridays 2:30pm-3:00pm

We are here to meet your programming needs. Please let us know if you have any program suggestions!

Please contact Life Enrichment at 651-363-3693

Special Events

Date	Time	Events
11/1	10 AM-7 PM	Maple Hill Holiday Boutique
11/2	10 AM-2 PM	Maple Hill Holiday Boutique
11/4	1:00 PM	Resident Meeting
11/6	1:30 PM	Animal Visit from Sanctuary
11/6	3:00 PM	Active Aging! Let the Adventure Begin!
11/8	10 AM	Brunch at The Little Oven
11/11	6 PM	Veterans Day Program
11/13	2 PM	Interfaith Worship Service
11/13	3:30 PM	Spa Hour
11/14	6 PM	Guitar Performance
11/15	1:30 PM	November Birthday Party
11/19	4 pm	Holiday Dinner Party
11/20	1:30 PM	Animal Visit from Sanctuary
11/20	3:00 PM	Fool Moon Drum Circle
11/21	2:00 PM	Barbershop Choir
11/21	1:00 PM	Seated Tai Chi with Mary
11/21	5 PM	Dinner at Pizza Ranch
11/22	9:30 AM	Outing to the Mpls Institute of Art (MC outing)
11/26	2:30 PM	Music Program for Memory Care
11/27	1:30 PM	Karaoke
11/27	3:30 PM	Thanksgiving Get Together