

# Maple Hill Senior Living Dining Calendar

## January 2022

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
January 30	January 31					1
<b>Breakfast:</b> Continental Breakfast <b>Lunch:</b> Beef Tenderloin, Wild Rice Blend, Honey Glazed Carrots Assorted Pies <b>Dinner:</b> Spaghetti with Meat Sauce, Peas, Garlic Bread Sherbet <b>Soup: Tomato Soup</b>	<b>Breakfast:</b> Continental Breakfast <b>Lunch:</b> Turkey Ala King over Pastry Puff Orange Cake <b>Dinner:</b> Baked Tilapia, Garlic Roasted Potatoes, Capri Vegetable Gelatin <b>Soup: Cream of Chicken</b>		<b>Continental Breakfast includes:</b> Hard Boiled Eggs, Yogurt, Toast, Cereal, Oatmeal, Assorted Fruit, Coffee, Tea, Juice & Milk			<b>Breakfast:</b> Continental Breakfast <b>Lunch:</b> Sloppy Joe, Roasted Red Potatoes, Coleslaw Gelatin <b>Dinner:</b> Chicken Stir Fry, White Rice, Fortune Cookie Gelatin <b>Soup: Beef Stew</b>
2	3	4	5	6	7	8
<b>Breakfast:</b> Continental Breakfast <b>Lunch:</b> Supreme Pizza & French Fries Cake of the Day <b>Dinner:</b> Tuna Casserole, Peas, Dinner Roll Sherbet <b>Soup: Tomato Basil Soup</b>	<b>Breakfast:</b> Continental Breakfast <b>Lunch:</b> Fried Eggs, Sausage Patty & Croissant Ambrosia <b>Dinner:</b> Beef Stew and Biscuit Peach Cobbler <b>Soup: Vegetable Soup</b>	<b>Breakfast:</b> Continental Breakfast <b>Lunch:</b> Lasagna, Garden Salad & Bread Stick Chocolate Brownie <b>Dinner:</b> Chicken Salad Sandwich, Potato Chips and Fresh Fruit Coffee Cake <b>Soup: Soup of the Day</b>	<b>Breakfast:</b> Continental Breakfast <b>Lunch:</b> Tacos w/fixings and Mexican Rice Sugar Cookie <b>Dinner:</b> Turkey, Gravy, Roasted Red Potatoes, Corn Orange Dream Bar <b>Soup: Split Pea &amp; Ham Soup</b>	<b>Breakfast:</b> Continental Breakfast <b>Lunch:</b> BBQ Meatballs, Mashed Potatoes, Carrots Vanilla Ice Cream <b>Dinner:</b> Hot Corned Beef & Swiss Cheese on Croissant, Hash Browns, Orange Slices <b>Soup: Chili</b>	<b>Breakfast:</b> Continental Breakfast <b>Lunch:</b> Chef Salad, Flaky Biscuit, Fresh Melon Lemon Bar <b>Dinner:</b> Pork Loin, Wild Rice Blend, Buttered Corn <b>Soup: Vegetable Soup</b>	<b>Breakfast:</b> Continental Breakfast <b>Lunch:</b> Beef Hot Dogs w/onion, French Fries and Sweet Pickles Orange Sherbet <b>Dinner:</b> Beef Goulash, Mixed Vegetables Apple Cobbler <b>Soup: French Onion Soup</b>
9	10	11	12	13	14	15
<b>Breakfast:</b> Continental Breakfast <b>Lunch:</b> Garrlic Butter Baked Cod, Wild Rice Blend, Cauliflower Cheesecake w/Raspberry Topping <b>Dinner:</b> Fried Chicken, Macaroni & Cheese, Cauliflower Ice Cream Sandwich <b>Soup: Tomato Basil</b>	<b>Breakfast:</b> Continental Breakfast <b>Lunch:</b> Meatloaf, Mashed Potatoes, Peas Dessert of the Day <b>Dinner:</b> Italian ClassicSub, Potato Chips, Pickle Spear <b>Soup of the Day</b>	<b>Breakfast:</b> Continental Breakfast <b>Lunch:</b> Pancakes, Scrambled Eggs, Bacon Coffee Cake <b>Dinner:</b> Pot Roast, Red Potatoes, California Mix Blueberry Pie <b>Soup: Ham Soup</b>	<b>Breakfast:</b> Continental Breakfast <b>Lunch:</b> Chicken Enchiladas w/Fixings, Black Beans <b>Dinner:</b> Banana Pudding <b>Soup: Soup of the Day</b>	<b>Breakfast:</b> Continental Breakfast <b>Lunch:</b> Italian Sausage & Broccoli Alfredo, Garlic Toast <b>Dinner:</b> Dessert of the Day <b>Soup: Navy Bean Soup</b>	<b>Breakfast:</b> Continental Breakfast <b>Lunch:</b> Spaghetti & Meat Sauce, Cabbage, Ambrosia <b>Dinner:</b> BBQ Beef Brisket Sandwich, Potato Salad <b>Soup: Squash Soup</b>	<b>Breakfast:</b> Continental Breakfast <b>Lunch:</b> Beer Battered Shrimp, Red Beans & Rice <b>Dinner:</b> Strawberry Shortcake <b>Soup: Chicken Wild Rice</b>
16	17	18	19	20	21	22
<b>Breakfast:</b> Continental Breakfast <b>Lunch:</b> BBQ Baked Chicken Thighs, Baked Potatoes Carrots <b>Dinner:</b> Bread Pudding <b>Soup of the Day</b>	<b>Breakfast:</b> Continental Breakfast <b>Lunch:</b> Egg Salad on a Croissant w/lettuce, Potato Chips, Clery Sticks <b>Dinner:</b> Chocolate Chip Cookie <b>Soup: Chicken Noodle Soup</b>	<b>Breakfast:</b> Continental Breakfast <b>Lunch:</b> Chicken Cordon Bleu, Au Gratin Potatoes, Capri Vegetables <b>Dinner:</b> Strawberry Pudding Parfait <b>Soup: Tukey &amp; Rice Soup</b>	<b>Breakfast:</b> Continental Breakfast <b>Lunch:</b> Beef Tenderloin, Rice Pilaf, Green Beans <b>Dinner:</b> Orange Gelatin <b>Soup: Soup of the Day</b>	<b>Breakfast:</b> Continental Breakfast <b>Lunch:</b> Fish Fillet, Onion Rings, Carrots Brownie w/Raspberry topping <b>Dinner:</b> Pork Chops, Potato Casserole, Mixed Vegetables <b>Soup: Potato Soup</b>	<b>Breakfast:</b> Continental Breakfast <b>Lunch:</b> Chicken Salad Sandwich, BBQ Potato Chips, Grapes <b>Dinner:</b> Pound Cake <b>Soup: Cream of Mushroom Soup</b>	<b>Breakfast:</b> Continental Breakfast <b>Lunch:</b> Maple Glazed Ham, Mashed Potatoes, Corn, Dinner Roll <b>Dinner:</b> Pecan Pie & Ice Cream <b>Soup: Chicken Noodle Soup</b>
23	24	25	26	27	28	29
<b>Breakfast:</b> Continental Breakfast <b>Lunch:</b> Chili w/Cheese, Sweet Cole Slaw Pear Delight <b>Dinner:</b> BBQ Pork Tips, Potato Salad, Creamy Corn Strawberry Mousse <b>Soup: Soup of the Day</b>	<b>Breakfast:</b> Continental Breakfast <b>Lunch:</b> Chicken Tenders, Baked Beans, Peas Dessert of the Day <b>Dinner:</b> Tuna Pasta Salad on Leaf Lettuce, Fresh Fruit, Rye Bread <b>Soup: Minestrone Soup</b>	<b>Breakfast:</b> Continental Breakfast <b>Lunch:</b> Country Fried Steak, Mashed Potatoes, Mixed Vegetables <b>Dinner:</b> Ice Cream Sundae <b>Soup: Vegetable Soup</b>	<b>Breakfast:</b> Continental Breakfast <b>Lunch:</b> Chicken Chow Mein w/White Rice and Fortune Cookie <b>Dinner:</b> Pound Cake w/Toffee Topping <b>Soup: Beef Vegetable Soup</b>	<b>Breakfast:</b> Continental Breakfast <b>Lunch:</b> Chicken & Dumpling, Dinner Roll Pudding Parfait <b>Dinner:</b> Cold Cut Sandwich, Potato Chips, Cole Slaw <b>Soup: Soup of the Day</b>	<b>Breakfast:</b> Continental Breakfast <b>Lunch:</b> French Onion Burger, Hash Browns, Peas <b>Dinner:</b> Ice Cream Bar <b>Soup: Navy Bean Soup</b>	<b>Breakfast:</b> Continental Breakfast <b>Lunch:</b> Cheese Pizza, Italian Pasta Salad <b>Dinner:</b> Apple Cobbler <b>Soup of the Day</b>

\*\*Alternative Menu Available. \*\*Homemade Soup and Fresh Baked Desserts served with Lunch and Dinner. \*\* All Meals Are Subject to Change with proper notice. \*\*  
 \*\*Fresh Fruit and Vegetables available\*\*