



MAPLE HILL

SENIOR LIVING

Greetings from the Activities Department.

I want to continue to challenge each of you to attend at least one activity a day. This will keep you connected to the lifeline of the Maple Hill Community.

Always staying in your apartment isolates you and can lead to depression, and also a loss of sense of time. So study your calendar very carefully each month and look for those things that will be fun and meaningful to you.

Lastly, if you have ideas for activities please come and share your thoughts with Tery or myself.

Have a wonderful January & February.

Malcolm Anderson

*Activities
Director*



Date	Time	Event
01/02	9:00	Target & Walmart
01/02	1:30	Dollar Tree/Other Shops
01/03	11:00	Lunch @ Machine Shed
01/14	9:00	Target & Walmart
01/16	1:30	Dollar Tree/Other Shops
01/17	11:00	Lunch @ Red Robin
01/24	2:00	January Birthday Party
01/28	9:00	Target & Walmart
01/28	1:30	Dollar Tree/Other Shops
01/29	1:00	January Resident
01/30	10:15	Christ Lutheran Children's Showcse Showcase
01/30	1:30	Maple Hill Game Fest
01/31	11:00	Lunch @ Mickey's Diner

"Sometimes your joy is the source of your smile, but sometimes your smile can be the source of your joy."

Thich Nhat Hanh



Check us out on Facebook for regular updates! @maplehillseniorliving

A Lifetime of Caring

February 2019

Staff Directory



Main Number

651-363-3689

Kelly Ellis Link

Executive Director

Adriene Fisher

Director of Nursing

Angela Ogle

Marketing Director

Dawn Marth

Food Service Director

Collin McConnell

Maintenance Director

Malcolm Anderson

Life Enrichment Director



MAPLE HILL

SENIOR LIVING

3030 Southlawn Drive, Maplewood, MN 55109

maplehillseniorliving.com



Kelly's Scoop

Kelly Ellis Link

Burrr!! What weather 2019 brings us thus far? As we wrap up the holiday season and enter into 2019, it is my pleasure to extend my sincerest gratitude to all staff, clients, children, and families of Maple Hill Senior Living Community that have made the past few weeks a pleasurable experience. For those I have not been able to meet in person, I would like to formally introduce myself and would love the opportunity to meet each one of you. I am honored to be a part of a community, that I have witnessed hardworking and a dedicated group of individuals with one shared goal—to provide quality care for all those we serve.

I have worked in healthcare since 2004 when I entered the field as a certified nursing assistant. I was blessed by strong mentors in my life pushing me to be the best I could be. Because of that I went to college for Healthcare Administration and began working in skilled nursing as a nursing home administrator in 2014.

In my free time I do love spending time with my family, pets, and friends. At home I have 2 amazing daughters, Lily 9 and Marta 17. Marta is a very unique part of my family as she is an exchange student from Italy. We have 4 dogs and a cat.

The nursing office has taken on a fresh new look for 2019. Our plan is to continue community improvement projects. I am excited about leading this team as well as this community and the opportunities this community has to offer.

"If you don't know what you're living for, you haven't yet lived."

-Rabbi Noah Weinberg

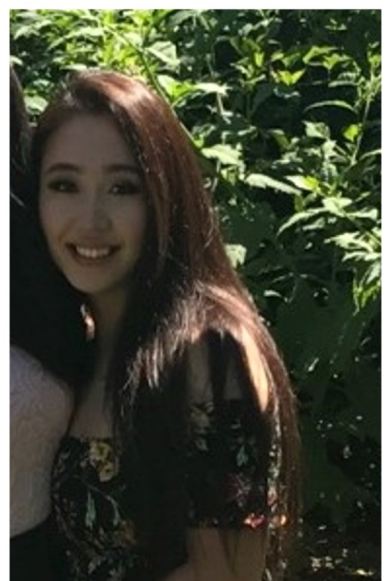


Adrienne Fisher

A Note from Nursing

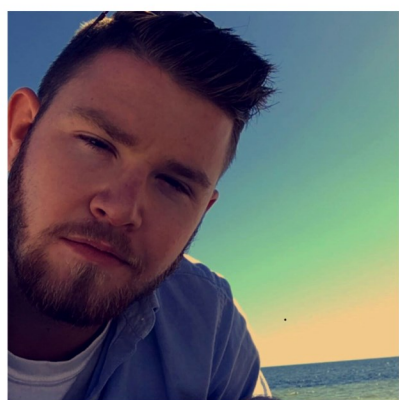
My name is Adrienne Fisher and I am the new Director of Nursing. Some of you may remember me from my previous role as the nurse manager. I am very happy to be back in this new role and look forward to assisting Maple Hill in being the best it can be.

A little bit about me: I currently live in Eagan with my husband and 15 year old stepson (who just got his permit). I spend much of my free time with my friends, family and dog, Ginger. My husband and I love feeding and watching the birds and squirrels in our yard. I plan on bringing Ginger for you all to visit very soon.

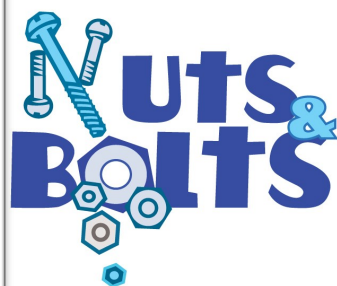


Chao Xiong

Please welcome our newest member of the Nursing team, Chao who is our Nurse Manager!



Colin McConnell



Hello my name is Colin and I am working as the assistant director of maintenance at Summit Hill as well as Maple Hill. I was born in Minnesota, but grew up in Arizona. I have two brothers, one younger, and one older. I am 24 years old. In my free time, I enjoy practicing martial arts, traveling, and listening to music including going to concerts. I look forward to working with all of you to make Maple a great place to live.

Kitchen Kut Ups

**A Special Recipe From Dawn Marth's Kitchen:
Homemade Meatloaf For 100 People:**

26 lbs of ground beef
20 ounces of oatmeal
2 quarts of milk
20 eggs, beaten
1 cup onion, minced
1 teaspoon thyme
2 teaspoons garlic powder
2 tablespoons Worcestershire sauce
4 teaspoons pepper
2 quarts of ketchup

Combine all ingredients into a large mixing bowl. Mix on low speed until blended. Portion meat mixture into loaves. Cover the tops with ketchup. Bake at 350 degrees for approximately 1 and 1/2 hours. Slice and weigh into 4 oz. portions. Then eat and enjoy. Until next month/Dawn Marth

Marketing Muses



Angela Dgle

I joined Maple Hill as Marketing Director in September of 2018.

I have worked in marketing for 25 plus years and in senior housing for the last 8 years. I live in Chisago City with my boyfriend, Randy and his four children. I enjoy gardening, decorating, and (believe it or not) cleaning. Some of my favorite things are spending time out walking and exploring nature with family and friends. I am an extrovert (surprise), but also really enjoy time cuddled up with a good book and a hot glass of tea.

I have greatly enjoyed getting to know the people here at Maple Hill Senior Living. The staff and residents have made me feel so welcome and accepted me into their family with open arms. I could not have found a better fit and I am so happy to be here!

I'm excited to be kicking off the Resident Ambassador program this month and have many volunteers already interested. We all plan to work together in the year ahead to welcome new folks moving in to our Maple Hill Family. I look forward to lots more laughs and many fun conversations around the fireplace – and more trivia! I am learning so much!

Thank you for the opportunity to work in your home!