



September Life Enrichment For Maple Hill Senior Living:							
	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Week 1	<div>1</div> Programming is subject to change!! Please refer to the weekly “What’s Happening at Maple Hill” for updates.	<div>2</div> Happy Labor Day!  12 noon: Labor Day Cookout	<div>3</div> 10:30: Daily Chronicle-LE 10:45: Sit & Be Fit-LE 1:30: Chair Yoga with Sheila-LE 2:00: Catholic Communion-D 2:30: Arts & Crafts-LE 5:45: Knitting Club-LE	<div>4</div>  10:30: Daily Chronicle-LE 10:45: Active Games-LE 1:30: Courtyard Time-LE 2:00: Courtyard Gardening-LE	<div>5</div> 10:30: Daily Chronicle-LE 10:45: Sit & Be Fit-LE 2:00: Ticket Wheel of Fortune-LE 3:30: Bible Study-LE	<div>6</div> 10:30: Daily Chronicle-LE 10:45: Active Games-LE 1:30: Friday Bingo-LE 2:30: Maple Hill Market-LE 6:00: Friday Evening Movie-LE	<div>7</div> Word Games & Puzzles  2:00: Saturday Afternoon Movie  3:15: Bus To St. Peters
Week 2	<div>8</div> Independent Morning Activities  Sunday Afternoon Sports--LE	<div>9</div> 10:30: Monday Newsflash-LE 10:45: Sit & Be Fit-LE 1:00: Resident Meeting-LE 2:30: Bingo-LE 3:00: Maple Hill Market-LE	<div>10</div> 9:30: Target & Walmart 1:30: Chair Yoga With Sheila-LE 2:00: Catholic Communion-D 2:30: Arts & Crafts-LE 5:45: Knitting Club-C	<div>11</div> 9:30: Outing to Dollar Tree & Goodwill 1:30: Animal Visit from Sanctuary-LE 2:30: Baking Hour-LE	<div>12</div> 10:30: Daily Chronicle-LE 10:45: Active Games-LE 2:00: Outing to the Botanical Garden 6:00: Music Performance-LE 7:00: Chocolate Milkshake Day Party-LE	<div>13</div> Independent Activities Life Enrichment Director out of office	<div>14</div> Word Games & Puzzles  2:00: Saturday Afternoon Movie  3:15: Bus To St. Peters
Week 3	<div>15</div> Independent Morning Activities  Sunday Afternoon Sports Televised In The Activities Room!!! 4:30: Sunday Jazz River Boat Tour in Stillwater	<div>16</div> 10:30: Monday Newsflash-LE 10:45: Sit & Be Fit-LE 1:00: Resident Meeting-LE 2:30: Bingo-LE 6:00: Mexican Independence Day Party-LE	<div>17</div> 10:30: Daily Chronicle-LE 10:45: Active Games-LE 1:30: Chair Yoga With Sheila-LE 2:00: Catholic Communion-D 2:30: Arts & Crafts-LE 5:45: Knitting Club-C	<div>18</div> 10:15: Intergenerational Program with kids from Christ Lutheran-LE 11:30: Lunch Outing-House of Wong 3:00: September Birthday Party-LE	<div>19</div> 10:30: Daily Chronicle-LE 10:45: Active Games-LE 1:30: Seated Tai Chi with Mary-LE 2:30: Maple Hill Market-LE 3:30: Bible Study-LE	<div>20</div> 10:30: Daily Chronicle in honor of International Peace Day-LE 10:45: Sit And Be Fit-LE 1:30: Friday Bingo-LE 2:30: Maple Hill Market-LE 6:00: Friday Evening Movie-LE	<div>21</div> Word Games & Puzzles  2:00: Saturday Afternoon Movie  3:15: Bus To St. Peters
Week 4	<div>22</div> Independent Morning Activities  Sunday Afternoon Sports Televised In The Activities Room!!	<div>23</div> 10:30: Monday Newsflash: First Day of Autumn-LE 10:45: Sit & Be Fit-LE 1:00: Resident Meeting-LE 2:30: Bingo-LE 3:30: Maple Hill Market-LE	<div>24</div> 8:00: Hot Breakfast-D 1:00: September Resident Council-LE 2:00: Catholic Communion-D 6:30: Sax Quartet Performance-LE 5:45: Knitting Club-C	<div>25</div> 9:30: Fishing Trip 1:30: Animal Visit from Sanctuary-LE 3:00: Spa Hour-LE	<div>26</div> 9:30: Breakfast Club at Keys 1:30: Woodworking Hour-LE 2:45: Maple Hill Market-LE 3:00: Meditation & Aromatherapy Group-LE 3:30: Bible Study-LE	<div>27</div> 9:30: Outing to Target & Walmart 1:30: Friday Bingo-LE 2:30: Maple Hill Market-LE 6:00: Friday Evening Movie-LE	<div>28</div> Word Games & Puzzles  2:00: Saturday Afternoon Movie  3:15: Bus To St. Peters
Week 5	<div>29</div> Independent Morning Activities  Sunday Afternoon Sports Televised In The Activities Room!!	<div>30</div> 10:30: Monday Newsflash-LE 10:45: Sit & Be Fit-LE 2:00: Oktoberfest Party-LE	<div></div> 				



## Welcome to Life Enrichment At Maple Hill Senior Living September-2019

**Vernice Krogstad: 9/7**  
**Robert Hamling: 9/14**  
**Willard Smith: 9/15**  
**Richard Lange: 9/17**  
**Verna LaVelle: 9/19**  
**Mary Mattson: 9/19**  
**Janet Schneider: 9/27**  
**Roland Youngs: 9/24**  
**Geraldine LeClaire: 9/30**



## Programming Update:

Take time to read your calendars and look for those activities that will be meaningful and fun for you. Be open minded and embrace new things. Life Enrichment's goal is to deliver a well rounded program that is nurturing for the mind, body, and sprit.

The Maple Hill Market is open on  
Mondays and Thursdays & Fridays  
2:30pm-3:00pm

We are here to meet your  
programming needs. Please let us  
know if you have any program  
suggestions!

Please contact Life Enrichment at 651-  
363-3693



## Special Events

Date	Time	Events
09/02	12:00 pm	Labor Day Cookout
09/11	1:30 pm	Animal Visit from Sanctuary-LE
09/12	2:00 pm	Outing to the Botanical Garden (weather dependent)
09/12	6:00 pm	Music Performance
09/12	7:00 pm	Chocolate Milkshake Day Party
09/16	6:00 pm	Mexican Independence Day Party
09/18	3:00 pm	September Birthday Party
09/19	1:30 pm	Seated Tai Chi with Mary
09/24	8:00 am	Hot Breakfast
09/24	6:30 pm	Sax Quartet Performance
09/25	9:30 am	Fishing Trip (memory care outing)
09/25	1:30 pm	Animal Visit from Sanctuary
09/25	3:00 pm	Spa Hour
09/26	9:30 am	Breakfast Club at Keys
09/26	1:30 pm	Woodworking Hour
09/26	3:00 pm	Meditation & Aromatherapy Group
09/30	2:00 pm	Oktoberfest Party

