



9	February Life Enrichment For Maple Hill Senior Living:						
	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Week 1					<div></div> Key: LE- Life Enrichment D- Dining Room C- Common Area/Lobby MC Units- Memory Care Units	<div></div> 	<div>1</div> Independent Activities  2:00: Saturday Afternoon Movie-LE  3:15: Bus to St. Peters
Week 2	<div>2</div> Independent Morning Activities  Sunday Afternoon Sports televised in the Activities Room!	<div>3</div> 10:30: Monday Newsflash-LE 10:45: Sit & Be Fit-LE 1:30-2:30: Podiatry Clinic-LE 2:30: Bingo-LE	<div>4</div> 10:30: Daily Chronicle-LE 10:45: Wii Sports-LE 1:30: Chair Yoga with Sheila-LE 2:00: Catholic Communion-LE 2:30: Arts & Crafts-LE 6:00: Line dance Performance by the Back-Road Kickers! -LE	<div>5</div> 10:30: Daily Chronicle-LE 10:45: Sit & Be Fit-LE 1:30: Wheel of Fortune-LE 2:30: Small Group Activities-MC 3:30: Happy Hour! (AL)-LE	<div>6</div> 10:30: Daily Chronicle-LE 10:45: Active Games-LE 1:30: February Birthday Party with the Southside Singers! -LE 3:30: Devotionals-LE 3:30: Small Group Activities-MC	<div>7</div> 10:30: Daily Chronicle-LE 10:45: Sit & Be Fit-LE 1:30: Bingo (AL)-LE 2:30: Bingo (MC)-MC Units 2:30 and 4:00: Maple Hill Market 6:00: Friday Evening Movie-LE	<div>8</div> Independent Activities  10:30 AM: Cooper St Brass Concert at Hallie Q Brown Community Center (MC)  3:15: Bus To St. Peters
Week 3	<div>9</div> Independent Morning Activities  Sunday Afternoon Sports Televised In The Activities Room!!!	<div>10</div> 10:30: Monday Newsflash-LE 10:45: Sit & Be Fit-LE 1:00: Resident Council-LE 2:30: Bingo-LE	<div>11</div> 9:45: Target 1:30: Chair Yoga with Sheila-LE 2:00: Catholic Communion-LE 3:00: Spa Hour-LE 5:45: Knitting Club-C	<div>12</div> 9:45: Breakfast at Eat! Banning & Fifth 2:30: Let's Travel to New Zealand! Waitangi Day-LE 6:00: Desota Blues Band Performance-LE	<div>13</div> 10:30: Daily Chronicle-LE 10:45: Sit & Be Fit-LE 12-2 PM: Valentine's Day Dance at East Side Café 1:30: Small Group Activities-MC 3:30: Devotionals-LE	<div>14</div> 9:45: Walmart 2:30: Valentine's Day Tea Party-LE 3:30: Maple Hill Market-LE 6:00: Friday Evening Movie-LE	<div>15</div> Independent Activities  2:00: Saturday Afternoon Movie-LE  3:15: Bus To St. Peters
Week 4	<div>16</div> Independent Morning Activities  Sunday Afternoon Sports Televised In The Activities Room!!	<div>17</div> 11:00: Lunch at Tono Pizzeria 1:30: Bingo-LE 3:00: Small Group Activities-MC	<div>18</div> 11:00: Lunch at Chick Fil A 1:30: Chair Yoga with Sheila-LE 2:00: Catholic Communion-LE 3:00: Presentation by Ronald Henderson: Refiring In Our Later Years!-LE 3:30: Maple Hill Market-LE 5:45: Knitting Club-C	<div>19</div> 9:45: Dollar Tree, Walgreens, Thrift Store 2:00: Interfaith Worship Service-LE 3:30: Board Games-LE and MC 6:00: Intergenerational Craft with the kids from Christ Lutheran-LE	<div>20</div> 10:30: Daily Chronicle-LE 10:45: Wii Sports-LE 1:30: Performance by Zachary Scott Johnson-LE 3:30: Devotionals-LE 3:30: Small Group Activities-MC	<div>21</div> 10:30: Daily Chronicle -LE 10:45: Sit & Be Fit-LE 1:30: Bingo (AL)-LE 2:30: Bingo (MC)-MC Units 2:30 and 4:00: Maple Hill Market-LE 6:00: Friday Evening Movie-LE	<div>22</div> Independent Activities  3:15: Bus to St. Peters  2:00: Saturday Afternoon Movie-LE
Week 5	<div>23</div> Independent Morning Activities  Sunday afternoon sports televised in the activities room!	<div>24</div> 10:30: Monday Newsflash-LE 10:45: Sit & Be Fit-LE 1:30: Bingo-LE 3:00: Meditation & Aromatherapy Group-LE	<div>25</div> 8:00: Hot Breakfast-D 9:45: Target 1:30: Chair Yoga with Sheila-LE 2:00: Catholic Communion-LE 3:00: Mardi Gras Party-LE 4:00: Maple Hill Market-LE 5:45: Knitting Club-C	<div>26</div>  9:45: Breakfast and Coffee at Caribou 1:30: Science Projects-LE 3:00: Animal Visit from Sanctuary-LE and MC 5:00: Dinner at the 5-8 Grill	<div>27</div> 10:30: Daily Chronicle-LE 10:45: Sit & Be Fit-LE 1:30: Seated Tai Chi with Mary-LE 3:30: Devotionals-LE	<div>28</div> 9:45: Walmart 1:30: Bingo (AL)-LE 2:30 & 4:00: Maple Hill Market-LE 2:30: Bingo (MC)-MC Units 6:00: Friday Evening Movie-LE	<div>29</div> Independent Activities  3:15: Bus to St. Peters  2:00: Saturday Afternoon Movie-LE



## Welcome to Life Enrichment At Maple Hill Senior Living February-2020

**Joyce Green: 2/1**  
**Diana Nowicki: 2/5**  
**Bessie Caar: 2/11**  
**Terry Weldon: 2/20**



## Programming Update:

Take time to read your calendars and look for those activities that will be meaningful and fun for you. Be open minded and embrace new things. Life Enrichment's goal is to deliver a well rounded program that is nurturing for the mind, body, and spirit.

The Maple Hill Market is open on  
 Tuesdays & Fridays  
 2:30pm-4:00pm (Please see schedule)

We are here to meet your  
 programming needs. Please let us  
 know if you have any program  
 suggestions!

Please contact Life Enrichment at 651-  
 363-3693

## Special Events

Date	Time	Events
2/4	6:00 PM	Line Dance Performance by the Back Road Kickers!
2/5	3:30 PM	Happy Hour (AL)
2/6	1:30 PM	February Birthday Party with the Southside Singers!
2/8	10:30 AM	Cooper St Brass Performance (MC)
2/12	9:45 AM	Breakfast at Eat! Banning and Fifth
2/13	12 PM	Valentines Day Dance at East Side Cafe
2/14	9:45 AM	Lunch at Tono Pizzeria
2/14	2:30 PM	Valentines Day Tea Party
2/18	11:00 AM	Lunch at Chick Fil A
2/18	3:00 PM	Presentation by Ronald Henderson. Refiring in Our Later Years!
2/19	2:00 PM	Interfaith Worship Service
2/19	6:00 PM	Intergenerational Program with the kids from Christ Lutheran
2/20	1:30 PM	Performance by Zachary Scott Johnson
2/24	3:00 PM	Meditation & Aromatherapy Group
2/25	8:00 AM	Hot Breakfast

2/25	3:00 PM	Mardi Gras Party
2/26	9:45 AM	Breakfast and Coffee at Caribou

2/26	1:30 PM	Science Projects
2/26	3:00 PM	Animal Visit from Sanctuary
2/26	5:00 PM	Dinner at the 5-8 Grill
2/27	1:30 PM	Seated Tai Chi with Mary