

MAPLE HILL SENIOR LIVING

October 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 LUNCH Turkey Casserole DINNER Grilled Chicken Sandwich with Home Fries	3 Noon White Chili with Corn Bread Evening Chicken Enchilada Bake with Fruit	3 Noon Irish Stew Evening Orange Chicken Stir Fry Egg Roll
4 Noon Pancakes and Bacon Evening French Dip Sliders with French Fries	5 Noon Chicken Pot Pie Evening Grilled Cheese and Tomato Soup	6 Noon Shredded Beef Tacos Spanish Rice and Beans Evening Philly Cheese Steak Sandwich Potato Wedges	7 Noon Stuffed Pork Chop Red Potatoes Broccoli Evening Chicken Tater Tot Nachos	8 Noon Swiss Steak Mashed Potatoes Peas Evening Pork Tacos with Cilantro Lime Cauliflower Rice	10 Noon Shrimp Skewer Seasoned Rice Green Beans Evening Apple Cranberry Chicken Salad	11 Noon Pot Roast with Roasted Root Vegetables Evening Pulled Pork Sandwich Coleslaw
12 Noon Biscuits and Sausage Gravy and Eggs Evening Chili and Corn Bread	13 Noon Honey Baked Ham Sweet Potatoes Glazed Carrots Evening Chicken Enchilada bake with Fruit	14 Noon Swedish Meatballs Egg Noodles Bread and Butter Evening Roasted Beet with Grilled Chicken	15 Noon Lasagna Evening Oriental Fried Chicken Salad	16 Noon Chicken and Biscuits Mixed Vegetables Evening Open Face Roast Beef Garlic Mash Potatoes	17 Noon Fish and Chips Tartar Sauce Evening Turkey Bacon Ranch Wrap Pasta Salad	18 Noon Roast Turkey Stuffing Green Bean Casserole Evening Chicken Salad on a Croissant
19 Noon Cheese Egg Bake with Roasted Potatoes Evening BLT Sandwich with chips	20 Noon Pineapple Chicken Seasoned Rice Brussels Sprouts Evening Liver and Onions Mash Potatoes and Carrots	21 Noon Stuffed Cabbage Rolls Red Potatoes Green Beans Evening Strawberry Chicken Salad Raspberry Dressing	22 Noon Spaghetti and Meatballs Breadstick Evening Open Face Dago Sandwich with Pasta Salad	23 Noon Chicken Quarters Cheesy Potatoes Broccoli Evening Deep Fried Ravioli Breadstick	24 Noon Pork Enchilada Bake with Fruit Evening Mushroom Swiss Burger with Fries	25 Noon Roast Beef Mashed Potatoes Carrots Evening Hot Ham and Cheese Croissant
26 Noon Eggs sausage Patty with Hash Browns Evening Chicken Spinach Alfredo Lasagna with Breadstick	27 Noon Braised Pork Chops with Cheese Potatoes @ Corn Evening Grilled Chicken Sandwich Sweet Potato Fries	28 Noon Parmesan Garlic Chicken Rice Pilaf Zucchini Evening Fried Chicken with Collard Greens and Black-Eyed Peas	29 Noon Smothered Fried Pork Chop Fried Cabbage Evening Walnut Chicken Salad Raspberry Dressing	30	31	